



February 2019 Newsletter

497 Members, Join Today!



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WinC /AlinC

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Oncologist in the Hot Seat



Have a burning question related to work-life balance, leadership, mentorship, or career development?

*We have been featuring esteemed oncologists across Canada since 2013. From British Columbia, we are very pleased to introduce **Dr. Jason Hart**.*

Send your questions to winc@womenincancer.org to have them answered by our Oncologist in the Hot Seat!

Mentor of the Month?

Nominate the next Mentor of the Month!

WinC/AlinC provides a platform to increase visibility of great mentors on an international level. If you have someone in mind that has been an important mentor to you please email our Project Manager at winc@womenincancer.org By March 10th!



Article Recommendation:

Mentoring Millennials

Jennifer F. Waljee, MD, MPH, MS; Vineet Chopra, MD, MSc; and Sanjay Saint, MD, MPH

<https://jamanetwork.com/journals/jama/fullarticle/2678619>

“... millennials differ in skills critical to building professional relationships and may be perceived as impatient and needy, rather than efficient and engaged. ... **Generational differences must be recognized and embraced to achieve productive mentoring relationships.** Given the value of a vibrant and diverse faculty, it is essential to understand the factors that motivate or deter the next generation.”

Check out this article to gain a better understanding of how generational diversity can lead to conflict in a medical setting, and how to engage millennial mentees.

Women in Healthcare: An Evolving Landscape

A study by All Allied Health Schools providing statistics related to different aspects of women in healthcare, using data extracted from their own database. Below is part of the infographic, pertaining to female support and mentoring. It was found that women physicians lack mentors, because “women simply don’t ask each other for help”, even though many benefits of female mentorship have been reported, as listed below. Click on the link for information on how women are making a difference in healthcare:

<https://www.allalliedhealthschools.com/women-in-healthcare/>

Female Support & Mentoring



44% of women in healthcare say they lack mentors, while 85% say they do not have a female mentor

Women Helping Women Succeed



Created in 2000, the Women in Medicine and Health Science Program at the University of California Davis School of Medicine has been instrumental in supporting female faculty in academic medicine. Since its inception, there has been:

- ▲ **An increase** in the number & percentage of female faculty & department chairs
- ▼ **Relatively low** departure rate for female faculty
- ▲ **Strong** partnerships among women
- ▲ **Support** from faculty & the school of medicine leadership

Upcoming Events:

WinC / AlinC AGM

Toronto, ON

May 3rd, 2019

Link to RSVP: <https://camo-acom.ca/event-3217584>



Make sure to follow

@WomenInMedicineChat on twitter for live discussions among physicians from across the globe on issues women in medicine face.

**Sundays @ 9pm
EST**



Podcast Recommendation

Physician NonClinical Careers Podcast –the VITAL Physician Executive

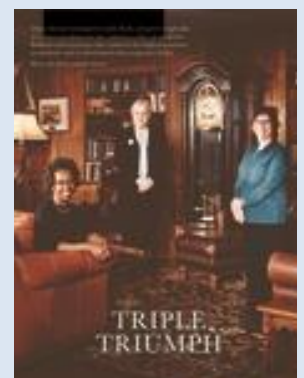
Dr. John Jurica, a board-certified family physician, along with various physician and non-physician guests, offers actionable advice on preventing burnout and frustration, and on mastering leadership and management skills. Some of Dr. Jurica’s episodes that discuss leadership development are “Why You Should Evolve from Victim to Leader” and “Advice for an Emerging Physician Leader”.

Book Recommendation

Triple Triumph: Three Women in Medicine

https://surface.syr.edu/syracuse_unbound/1/

A retelling of the stories of three women physicians working in geriatric medicine, diabetes research and treatment, and breast cancer treatment and how they overcame “resistance, discouragement, and obstruction” in their respective male-dominated fields.





As networking and mentorship are invaluable to medicine and advancements in the field of oncology, All in Cancer (AlinC) and Women in Cancer (WinC) were developed to improve mentorship connections, provide leadership skills resources, and improve collaboration amongst oncologists through a secure online networking platform.

Encourage your colleagues to join the largest online networking forum for medical, radiation, surgical, and hematological oncologists and trainees in Canada.

Visit www.allincancer.org or www.womenincancer.org for more information.-