



January 2019 Newsletter

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Mentor of the Month: Dr. Diego Villa

Research Student Omar Hajjaj

Nomination Statement:

I have had the privilege of working as a research student with Dr. Villa in the breast clinic for the last 8 months. Dr. Villa always approaches all our clinic sessions as a teaching opportunity, presenting his thought process by highlighting his concerns and suggestions for his patients. By observing Dr. Villa during his appointments, I learn more about the importance of showing compassion and the responsibility doctors have to advocate for their patients. I am so grateful for Dr. Villa's mentorship in shaping my clinical skills early in my career.

Visiting Elective Resident

Rania Chehade

Nomination Statement:

I worked with Dr. Villa as a visiting elective resident and oncology enthusiast. He is very approachable; he taught me a valuable, easy to follow, systematic approach to diagnosis and management of breast cancer that I have since been using. It also applies to different forms of cancers. It was a pleasure working with him.

Dr. Diego Villa

Diego Villa is Clinical Associate Professor at the University of British Columbia and a medical oncologist at the BC Cancer – Vancouver Cancer Center. He is involved in the care of patients with lymphoid malignancies and breast cancer. His research interests include the management of transformed indolent lymphomas, management of mantle cell lymphoma, primary and secondary CNS lymphomas, and the role of PET/CT in diffuse large B-cell lymphoma. Dr. Villa has ongoing research collaborations with Canadian, American, Danish, and Australian lymphoma groups. He is also the local principal investigator for various international lymphoma and breast cancer clinical trials open in Vancouver. He actively participates in the teaching of medical students, residents, and fellows at BCCA and VGH, and is the faculty coordinator for the medical oncology rotation at BCCA for the UBC Internal Medicine Residency Program. Dr. Villa is a member of the UBC Medical Oncology Residency Training Program committee and its Competence by Design subcommittee.

Nominate a Mentor!

WinC/AlinC provides a platform to increase visibility of great mentors on an international level. If you have someone in mind that has been an important mentor to you please email our Project Manager at

winc@womenincancer.org

Article Recommendation:

Physician Mentorship: Why It's Important, and How to Find and Sustain Relationships

<https://www.nejmcareercenter.org/article/physician-mentorship-why-it-s-important-and-how-to-find-and-sustain-relationships-/>

“The most important thing is to just start connecting with people in your institution, anyone – **you can't exist in a vacuum.** ... Start with a specific request, and often, these exchanges will grow organically into a relationship.”

- Chemen M. Neal, MD

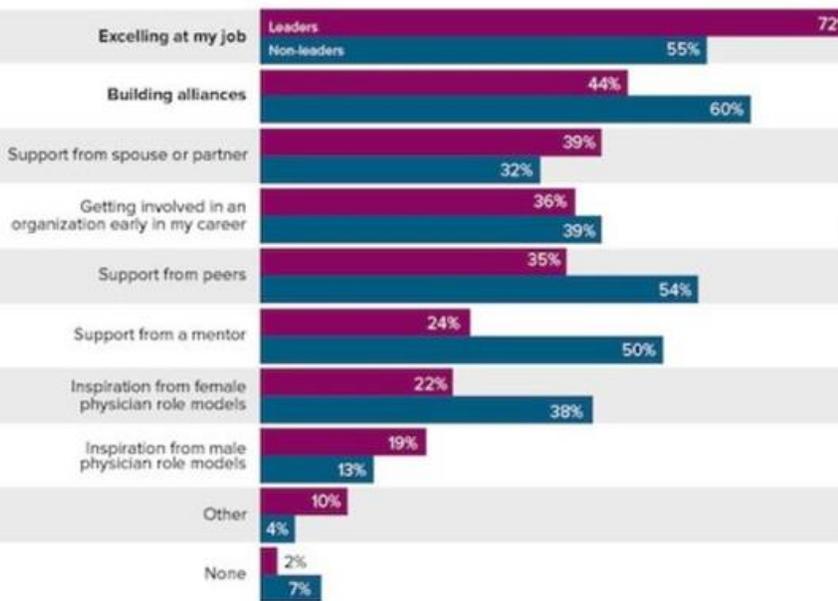
Check out this article to learn all about establishing a mentor-mentee relationship from various physicians!

Women as Physician Leaders

A study by Medscape on various aspects of leadership in female physicians practicing in the United States. Below are some factors that women physicians believe contribute(d) to their attainment of leadership. Amongst those who do not identify as a leader, there is more emphasis placed on alliance factors, such as support from mentors. Click on the link below to see more interesting infographics.

<https://www.medscape.com/features/slideshow/public/femaleleadershipreport2015>

What Do You Believe Helped You Attain or Might Help You Attain a Leadership Position?



Upcoming Events:

WinC / AlinC AGM
Toronto, ON
May 3rd, 2019
Link to RSVP: <https://camo-acom.ca/event-3217584>.



Make sure to follow @WomenInMedicineChat on twitter for live discussions among physicians from across the globe on issues women in medicine face.

Sundays @ 9pm EST



Medicine Changing as Women Make Up More of Physician Workforce

<http://www.cmaj.ca/content/190/13/E404>

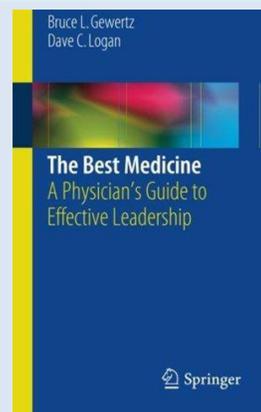
““Women spend more time educating patients, and trying to build self-efficacy in their patients.” That time differential could explain the outcome differences observed in care provided by female and male doctors. **“There’s a small, but growing, body of evidence that women may be providing care that leads to better patient outcomes...”**”

Book Recommendation

The Best Medicine: A Physician’s Guide to Effective Leadership

A guide on the attributes and practices of physician leaders, written in conversational style and based on the personal experiences of a vascular surgeon and a professor of business.

Link to purchase: <https://www.springer.com/us/book/9781493922192>





As networking and mentorship are invaluable to medicine and advancements in the field of oncology, All in Cancer (AlinC) and Women in Cancer (WinC) were developed to improve mentorship connections, provide leadership skills resources, and improve collaboration amongst oncologists through a secure online networking platform.

Encourage your colleagues to join the largest online networking forum for medical, radiation, surgical, and hematological oncologists and trainees in Canada.

Visit www.allincancer.org or www.womenincancer.org for more information.-